

## Skill Sheet 8-I-8

**Objective 17:** Demonstrate the extremities lift/carry — Two-rescuer method. (*NFPA® 1001, 5.3.9*)

**Student Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### Directions

For this skills evaluation checklist, students will demonstrate the extremities lift/carry.

### Equipment & Materials

- Full protective clothing with SCBA

### Criteria & Evaluation Comments

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Criteria (determined by the AHJ)

*After the candidate has completed the skill sheet, write comments below.*

Evaluator/Candidate Comments

Pass

☐

Fail

☐

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Evaluator Signature

Date

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Student Signature

Date

## Skills Evaluation Checklist

**Objective 17:** Demonstrate the extremities lift/carry — Two-rescuer method.

Task Steps		Yes	No
1.	Both Rescuers: Turn the victim (if necessary) so that the victim is supine. Keep head and neck stabilized during rolling to prevent spinal injury.		
2.	Rescuer #1: Kneel at the head of the victim.		
3.	Rescuer #2: Stand between the victim's knees.		
4.	Rescuer #1: Support the victim's head and neck with one hand and place the other hand under the victim's shoulders.		
5.	Rescuer #2: Grasp the victim's wrists.		
6.	Rescuer #2: Pull the victim to a sitting position.		
7.	Rescuer #1: Push gently on the victim's back.		
8.	Rescuer #1: Reach under the victim's arms and grasp the victim's wrists as Rescuer #2 releases them. a. Grasp the victim's left wrist with the right hand and right wrist with the left hand.		
9.	Rescuer #2: Turn around, kneel down, and slip hands under the victim's knees.		
10.	Both Rescuers: Stand and move the victim on command from Rescuer #1.		